

ADIRONDACK TAEKWONDO

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How to Judge Board breaking

1. Presentation
 - a. Did the student bow into the ring and properly introduce themselves?
 - b. Did they speak with confidence?
2. Board Breaking Set Up – ***Each participant has five min. for introduction, breaks and clean up***
 - a. Were the boards in a safe place for all participants including judges and spectators.
3. Board Breaking
 - a. Did the competitor display the proper intensity?
 - b. Did all the board break on the first try? Only two (2) attempts are allowed for each break. If a board doesn't break than a half point will be deducted. If no boards break a 6.0 is scored.***
 - c. Did the competitor display a loud kiap when breaking the boards?
4. Board Breaking Clean Up
 - a. Did the student bow and say, "Thank you Judges"?
 - b. Did they clean up their boards that they broke?
5. Order of difficulty when breaking with hand and foot per technique.

Hand: Judging for easiest to most difficult.

Hammer fist, Palm strike, Knife hand strike, Punch, Back fist, Ridge hand, Tiger punch, Chicken wrist, Spear hand, Thumb break

Foot: Judging easiest to most difficult.

Ax kick, Side kick, Round kick, Front kick, Back kick, Spin hook kick, Jumping kicks should always be scored higher, flying side kick, Scissor kick, 540's, etc...

Scoring: To eliminate a tie we will judge after the first three competitors. This will allow us to "decide" in our mind who we feel is first, second and third.

Scoring is based off tenths of a point. This championship will start at 7.0, here is an example:

Player one: Broke all their boards on the first try	Score: 7.8
Player two: Broke all their boards with one jump kick	Score: 8.0
Player three: Broke all but one board on the first try and their techniques were the same as player one	Score: 7.3

Scoring example above will eliminate the possibilities of a tie.